

City of Outdoors

Take a short drive or cycle out of Lancaster along the River Lune and you'll discover a much celebrated and beautiful Lune Valley.

Forest of Bowland

Discover beautiful unspoilt countryside, picturesque villages, dramatic open moorland and outstanding scenery. All of this is on the doorstep of the city and just waiting to be explored by bike. The Forest of Bowland provides inspiration for walkers, ideas for afternoon teastops, tips for star gazing and seasonal wildlife highlights

Ride the Way of the Roses

For this summer why not cycle the Way of the Roses cycle route? It's a challenging but rewarding coast to coast cycling adventure which takes in the beautiful landscape of the Lune Valley before heading through Yorkshire and the east coast. www.wayoftheroses.info

Dine out in Style

Dine out in style in stunning countryside. The talented chefs at The Highwayman in Kirkby Lonsdale select seasonal menus to reflect the delicious local produce, whilst The Fenwick at Claughton is known for its award-winning dishes based on fresh fish and seafood. The Bay Horse offers locally sourced meats and delicious desserts, whilst The Fleece Inn at Dolphinholme, offers a warm welcome to the Forest of Bowland.

Get on the Art Trail

William Wordsworth and JMW Turner were enchanted by this lovely valley, immortalising its dramatic features in verse and paint. Now you can visit a select band of 21st century artists to discover how they have interpreted and celebrated the same landscape with the Lunesdale Arts Trail (www.lunesdalearts.co.uk).



City of Culture

Lancaster is an Arts City full of cultural activity from theatres and live music to galleries, cinemas, literature and dance.

Lancaster's Annual Literature Festival

'Litfest' is one of the oldest running literature festivals in the country and offers a wealth of literary treats for everyone. www.litfest.org

Dukes Theatre and Cinema

The Dukes in Lancaster is Lancashire's only professional building-based producing theatre and presents home-grown dramas throughout the year. It also hosts many leading touring theatre productions, comedy, dance and music events.

Ludus Dance

Lancashire's leading dance development charity offers 'dance for everyone' through events and workshops at the Gregson Centre and other locations. www.ludusdance.org

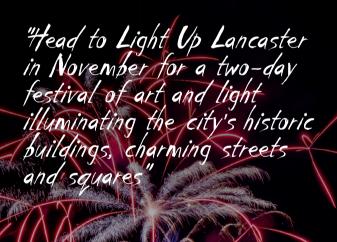
Lancaster Grand Theatre

Lancaster Grand Theatre first opened in 1782 and was known simply as The Theatre, Lancaster. It hosts many popular comedians, singers, bands and theatre touring shows as well as in-house productions.

Lancaster Arts at Lancaster University

Lancaster Arts invites the public to distinctive campus-based performance spaces - the Nuffield Theatre, the Peter Scott Gallery and the Great Hall – working with a range of arts partners across Lancashire and beyond.

www.lancasterarts.org



City of Stories

Discover a small city with a big story.

Lancashire Witches

The Pendle Witches lived in a turbulent time in England's history and their story of witchcraft and mystery still lives on today. Take a tour of the imposing Lancaster Castle where the Lancashire Witches were imprisoned. Then head out and trace back the Lancashire Witches trail of the Pendle Witches through the beautiful countryside of Lancashire.

www.visitlancaster.org.uk

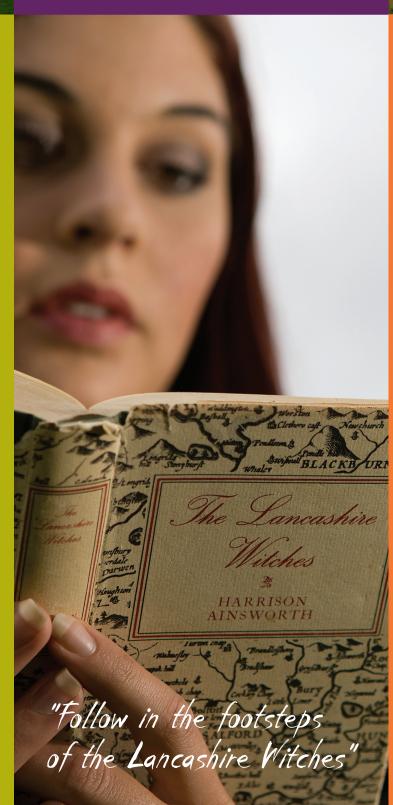
Literary Lancaster

Embark on a tour of Lancaster's rich literary heritage. Dip into texts by authors such as Charles Dickens and William Wordsworth, accompanied by familiar landmarks of Lancaster, such as the historic castle and beautiful scenery of the River Lune. Encounter tales of execution, slavery and ghostly hauntings as you are guided on your own literary journey into the secrets of Lancaster's fascinating and often dark past. (Head online or to Lancaster's Visitor Information Centre to buy a copy of Literary Lancaster).

Heritage Open Days

England's biggest Heritage Festival is back, offering people the chance to explore hidden places and try new experiences in Lancaster - all for free. Last year over 30 places took place across the district, and there will be unique opportunities on offer again this year.

(www.heritageopendays.org.uk)



City of Independents

Follow fashion or be unique. Lancaster offers bags of independent charm from designer boutiques to vintage shops.

Shopping

Come and discover what makes Lancaster such an attractive retail destination. Lancaster has a thriving range of independent boutiques, iridescent jewellers, art & craft stores and delicious artisan cafés – they are the hidden gems of our city centre, ready for you to discover. With two covered shopping centres, a bustling charter market and picturesque city centre streets, you'll find everything you need in our historic city.

City of Food and Drink

Lancaster is well known as the city of coffee & cafés. Whether you are a pub grub seeker or vegetarian eater, Lancaster has a range of eateries and cafés to appeal to your taste buds. Throughout the city there is also a large variety of authentic restaurants and pubs to suit every palate. With beautiful canal side pubs, intimate city centre diners and quayside eateries, you can enjoy food with a view at no extra cost.

City of Coffee

Watch the world go by or spill the beans with friends in one of Lancaster's many great coffee houses. Atkinson's in the heart of the city have been dedicated to sourcing, roasting and brewing some of the highest quality coffees from around the world since 1837.

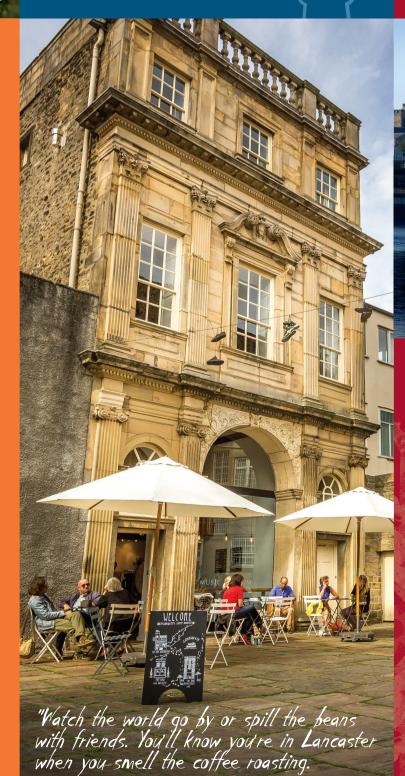


Image: The Music Room, Sun Square

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CALL OR VISIT US...

Lancaster Visitor Information Centre

The Storey, Meeting House Lane
Lancaster, LA1 1TH Tel: (01524) 582394
Open Monday - Saturday 10am - 4pm

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