

Weekend Wanderings: There's life beyond campus...

Day out ideas!

MORNING

Why not treat yourself to morning brunch or a light lunch in one of Lancaster's diverse cafés and restaurants...a bacon sandwich or a home-made cake at Printroom Café Bar in The Storey, a conveyor belt of sushi at Nami Sushi, a leisurely coffee at Journey Social or a vegetarian or vegan treat at The Whale Tail, Purely Vegan or The Herbarium...there's something to tickle everyone's tastebuds in the city centre.

AFTERNOON

In the afternoon, puzzle over clues at Lancaster's Escape Room with themed experiences including a Pendle Witch room, or try LancasterWall, an exciting new climbing wall experience on the Lune Industrial Estate.

If you feel like going a bit further afield, jump on the 6A bus from Lancaster bus station and head across the river to Salt Ayre Leisure Centre to try out the leisure facilities, swimming pool, climbing wall or, for adrenalin junkies there is Gravity, a fantastic multi-level 'flight' tower. Or travel on into Morecambe and get your bounce on at Jump Rush Trampoline Centre or try your hand at bowling at Soul Bowl.

If you're feeling like taking it easy, perhaps spend an afternoon in Williamson Park, meandering the winding woodland pathways, visiting the Butterfly House, meeting the meerkats and the marmosets, and enjoying coffee and cake in the Pavilion Café.

EVENING

Lancaster offers a host of entertainment options in the evening - take your pick of blockbusters at the Vue cinema; theatre or comedy at the Grand Theatre, or drama and film at The Dukes Theatre & Cinema. Kanteena is a great venue for music and comedy events in a quirky setting.

In the evening, look for happy hours on pizza and pasta at the Spaghetti House and The Cornerhouse. The Borough in Dalton Square, Pizza Margherita and The Quarterhouse on Moor Lane all offer great food with a welcoming atmosphere.

If you fancy a drink, Tipple and the Study Rooms offer wide ranging cocktail menus and the Tap House, Jailor's Barrel and The Sun offer great real ale choices. Many city centre pubs host live music including the John O' Gaunt, the Bobbin, the Pub and the Stonewell Tap. Or test out the grey matter at a quiz at the Bowerham Hotel (Tues), The Sun (Tues), White Cross (Tues), Study Rooms (Thurs), or Merchants 1688 (Sunday).