



Day out ideas!

## Parents visiting? Explore this fantastic part of the world together...

### **MORNING**

Spend the morning in Lancaster, visiting the City Museum which houses a fascinating collection of Roman artefacts and The King's Own Royal Regiment Museum, or taking a tour of the atmospheric 11th century Lancaster Castle where experienced guides will treat you to tales of the royal personages and dignitaries; wretches and malefactors who lived in and visited this imposing medieval fort.

Or wander the cobbled streets and step back in time as you enter Atkinson's - a traditional coffee roaster and tea merchant offering speciality blends carefully sourced, imported, and roasted on the premises, producing an intoxicating smell which permeates the city's streets.

### **AFTERNOON**

In the afternoon, learn about Lancaster's seafaring past at the Maritime Museum, or try a Kingfisher Cruise on the Lancaster canal (May - September) - simply discover the beauty of the waterways or opt for a themed cruise - choose from comedy to music, afternoon tea to ghost cruises!

Alternatively, just a few miles from Lancaster you will discover the stunning coastline of Morecambe Bay...as you stroll along Morecambe's Promenade you'll gaze out across the panoramic landscape to the Lakeland hills beyond. If visiting during a summer weekend, call into the Winter Gardens, a fascinating old-time music hall building now undergoing restoration. Then treat yourself to a traditional soft-scoop ice cream, or even to Afternoon Tea (make sure you pre-book!) at the wonderfully refurbished Art Deco Midland Hotel.

If you love nature and wildlife, there is no better destination than Morecambe Bay. Just a few miles up the coast in Silverdale is RSPB Leighton Moss, a nature reserve which is home to some rare and lovely bird, butterfly, plant and animal species.

### **EVENING**

An evening in Morecambe could be spent at The Platform, renowned for its variety of music events, at Soul Bowl for a spot of bowling or quizzing (Quiz Thursdays) or if you're heading back to Lancaster, check What's On at The Dukes or Grand Theatre. Dine out in Lancaster's historic quarters - at the White Cross or Toll House Inn on the canal, or The Three Mariners, the Wagon & Horses or Quite Simply French on St George's Quay. The many restaurants in the city centre offer choices from Thai to Turkish - so you certainly won't go hungry during your evening explorations!